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Headteacher Ms Keeling

Dear Albourne Family,

Throughout the next half term, we are going to be teaching our 'Changing Me' topic in PSHE across the school. This is to educate children about their bodies and how they grow and change, in an age appropriate way.

An overview of our 'Changing Me' learning objectives are also attached within this email so that you can be aware of what we will be teaching in each year group. There is also a full leaflet about 'Relationships and Sex Education' on our website in the 'Curriculum' section that explains the importance of the topic and ways that you can support your child at home with what is being taught. It is advised that you take the time to read through this leaflet.

If after reading the leaflet, you are at all concerned about your child taking part in these lessons or would like to see the animations that will be used in KS2, or would just like more information, then please discuss your concerns with the class teacher.

Thank you for your on-going support.

Kind regards,

Miss MacKenzie
(PSHE Subject Lead)

Perseverance Aspiration Respect



Responsibility Kindness Courage